

# THE MAGIC of me

Journal Activity



# The Magic of Me Student Journal

## Purpose of Activity

Students will use this journal to write and draw what each affirmation means to them.

## Materials Needed

### Teacher

Stapler (or other way of binding the journal together)

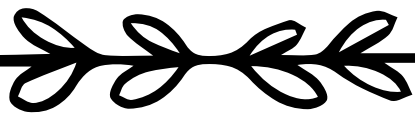
### Student

Crayons  
Pencils  
Markers  
Colored Pencils

## How to Assemble

Before students start working in their journals, teachers will decide which pages are appropriate for their students.

Teachers will print out the appropriate pages and either staple or use some other way to bind the journal together for their students.



# Magical Words Journal



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I am Special	Pages 5-11
I am Giving	Pages 12-18
I am Peaceful	Pages 19-25
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I am Strong	Pages 47-53
I am Healthy	Pages 54-60
I am Thankful	Pages 61-67
I am Happy	Pages 68-74
I am Proud	Pages 75-81
I am Beautiful	Pages 82-88

Name:

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I am special!

I am special!

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Name:

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I am  
special!

I am

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Name:

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I am  
special!

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Name:

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I am  
special!

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Name:

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I am  
special!

I am

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Name:

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I am  
special!

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Name:

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I am  
special!

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Name:

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I am giving!

I am giving!

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Name:

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I am giving!

I am

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Name:

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I am  
giving!

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Name:

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I am  
giving!

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Name: \_\_\_\_\_

I am giving!

I am \_\_\_\_\_





Name:

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I am  
giving!

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Name:

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I am  
giving!

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Name:

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I am  
peaceful!

I am peaceful!

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Name:

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I am  
peaceful!

I am

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Name:

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I am  
peaceful!

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Name:

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I am  
peaceful!

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Name: \_\_\_\_\_

I am  
peaceful!

I am \_\_\_\_\_

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Name:

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I am  
peaceful!

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Name:

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I am  
peaceful!

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Name:

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I am  
kind!

I am kind!

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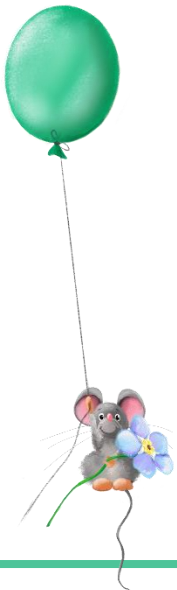
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Name:

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I am  
kind!

I am

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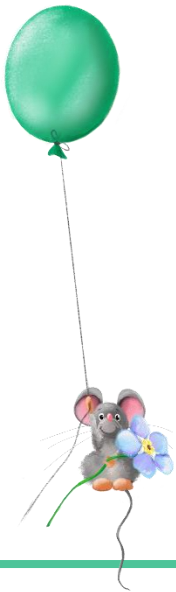
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Name:

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I am  
kind!

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Name:

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I am  
kind!

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Name:

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I am  
kind!

I am

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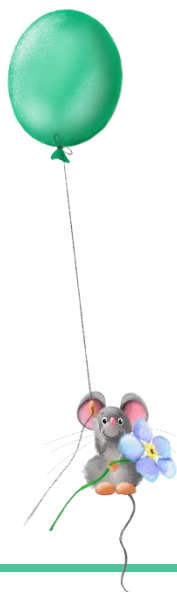
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Name:

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I am  
kind!

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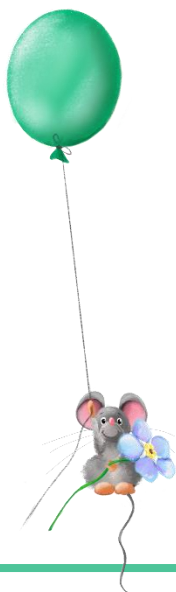
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Name:

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I am  
kind!

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Name:

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I am  
loved!

I am loved!

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Name:

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I am  
loved!

I am

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Name:

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I am  
loved!

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Name:

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I am  
loved!

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Name:

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I am  
loved!

I am

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Name:

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I am  
loved!

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Name:

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I am  
loved!

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Name:

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I am  
smart!

I am smart!

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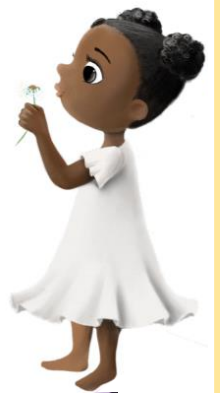
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Name:

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I am  
smart!

I am

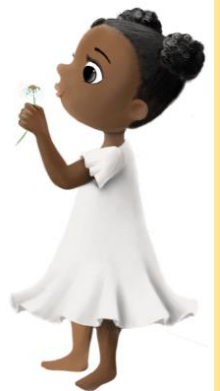
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Name:

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I am  
smart!

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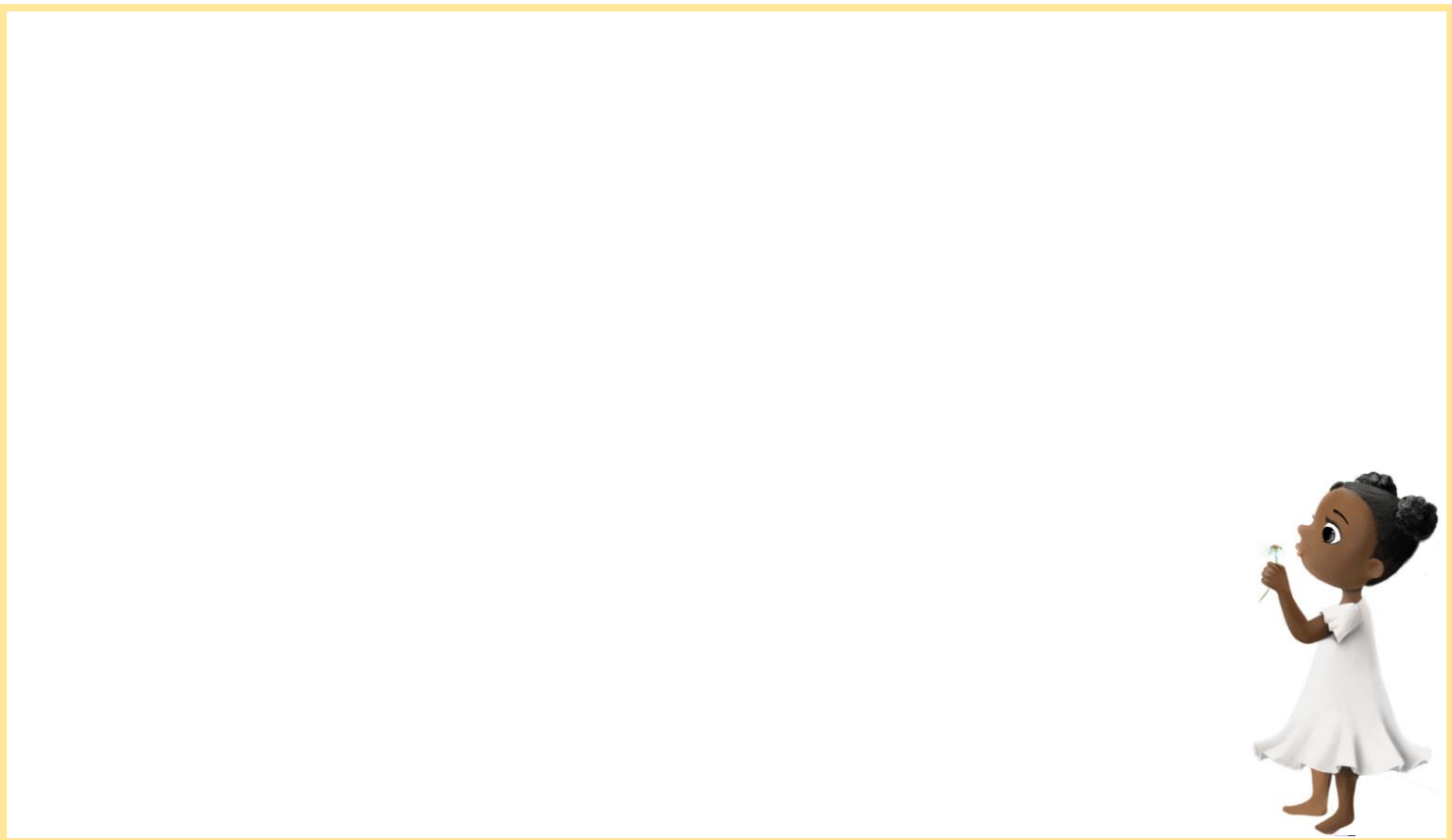
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I am  
smart!

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Name:

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I am  
smart!

I am

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Name:

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I am  
smart!

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Name:

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I am  
smart!

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Name:

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I am  
strong!

I am strong!

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Name:

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I am  
strong!

I am

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Name:

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I am  
strong!

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Name:

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I am  
strong!

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Name: \_\_\_\_\_

I am  
strong!

I am \_\_\_\_\_

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Name:

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I am  
strong!

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Name:

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I am  
strong!

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Name:

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I am  
healthy!

I am healthy!

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Name:

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I am  
healthy!

I am

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Name:

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I am  
healthy!

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Name:

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I am  
healthy!

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Name: \_\_\_\_\_

I am  
healthy!

I am \_\_\_\_\_



Name:

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I am  
healthy!

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Name:

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I am  
healthy!

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Name:

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I am  
thankful!

I am thankful!

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Name:

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I am  
thankful!

I am

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Name:

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I am  
thankful!

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Name:

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I am  
thankful!

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Name: \_\_\_\_\_

I am  
thankful!

I am \_\_\_\_\_



Name:

I am  
thankful!



Name:

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I am  
thankful!

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Name:

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I am  
happy!

I am happy!

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Name:

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I am  
happy!

I am

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Name:

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I am  
happy!

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Name:

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I am  
happy!

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Name:

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I am  
happy!

I am

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Name:

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I am  
happy!

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Name:

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I am  
happy!

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Name:

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I am  
proud!

I am proud!

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Name:

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I am  
proud!

I am

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Name:

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I am  
proud!

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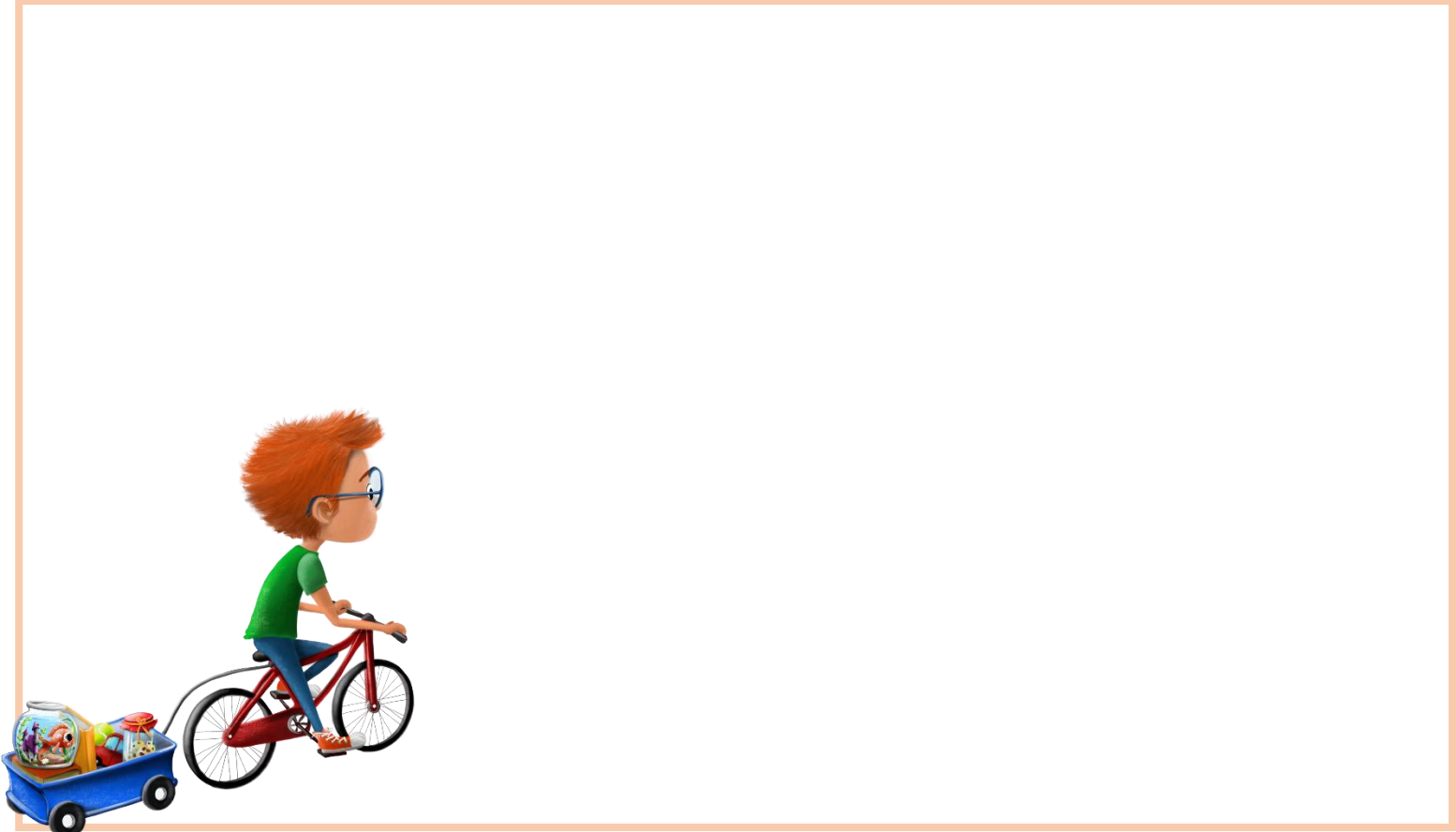
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Name:

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I am  
proud!

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Name:

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I am  
proud!

I am

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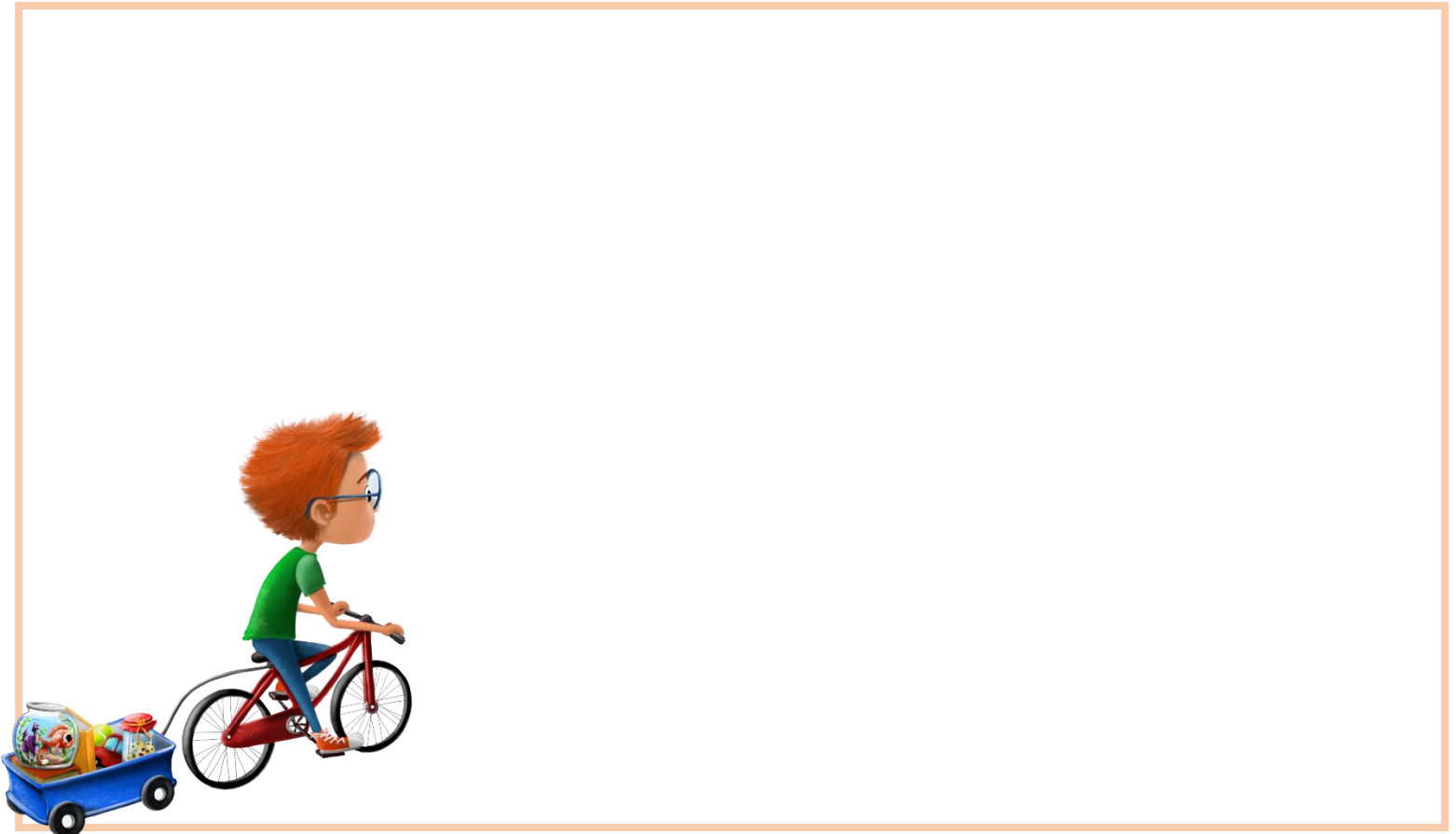
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Name:

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I am  
proud!

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Name:

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I am  
proud!

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Name:

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I am  
beautiful!

I am beautiful!

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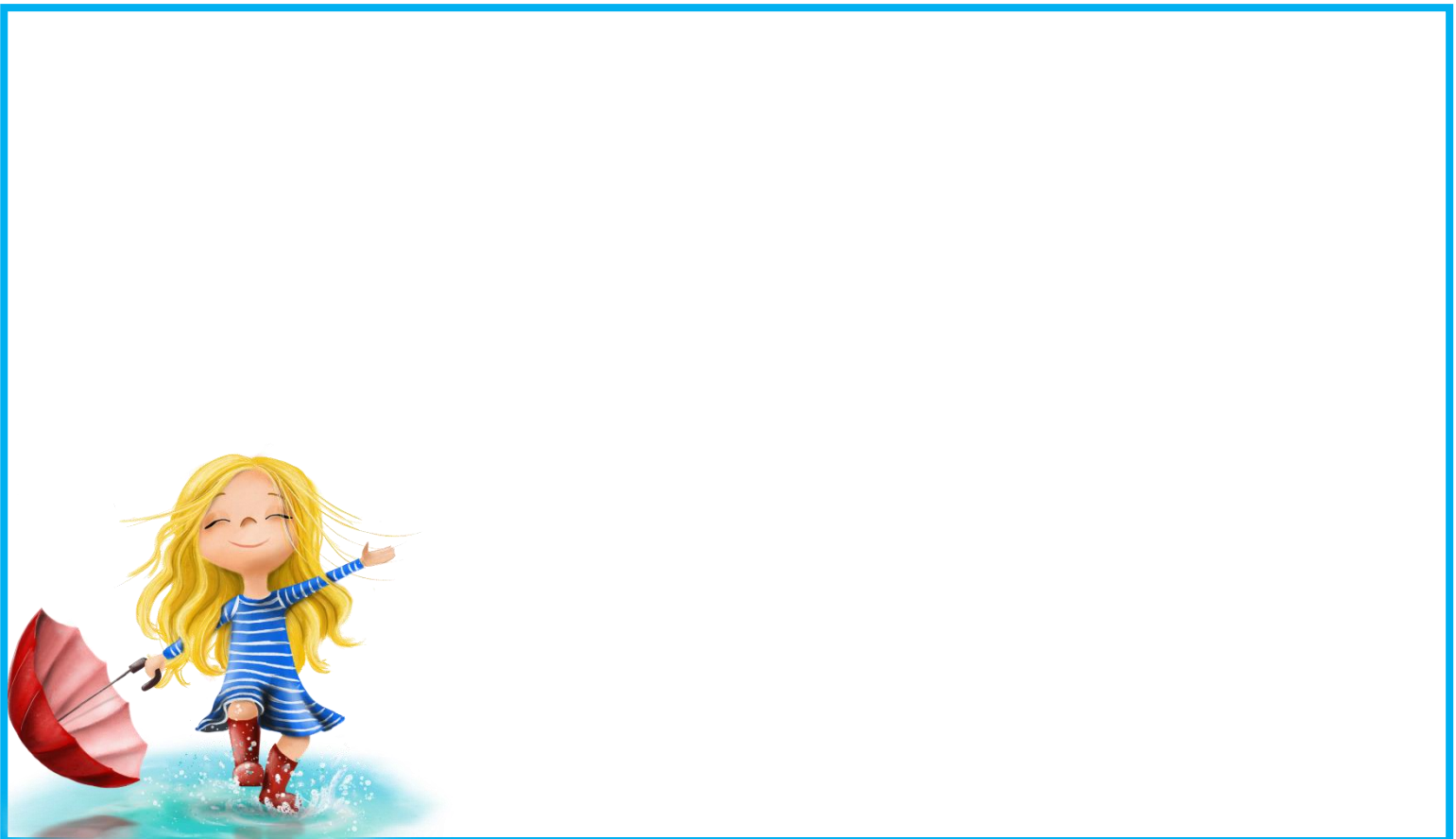
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Name:

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I am  
beautiful!

I am

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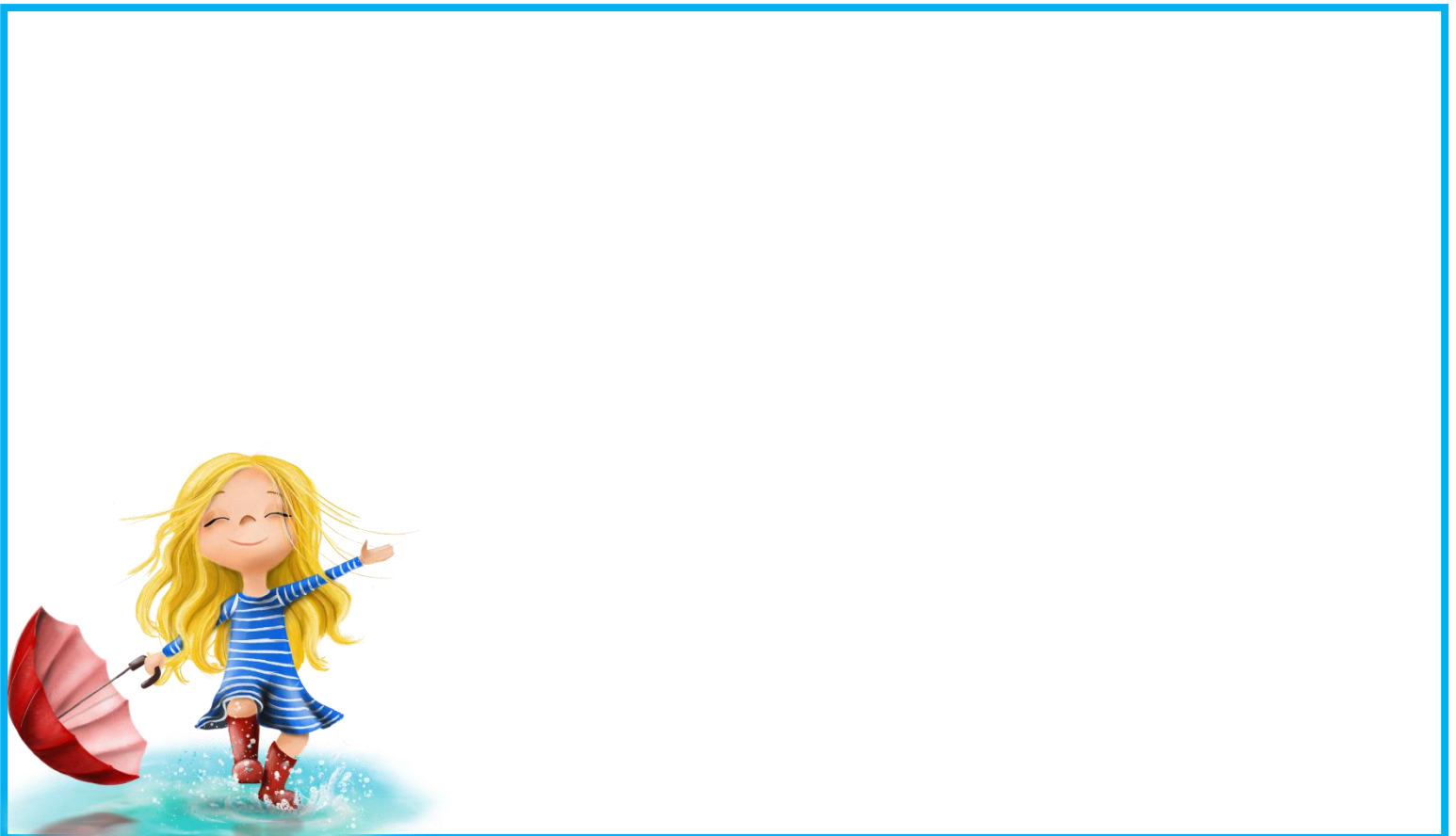
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Name:

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I am  
beautiful!

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Name:

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I am  
beautiful!

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Name:

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I am  
beautiful!

I am

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Name:

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I am  
beautiful!

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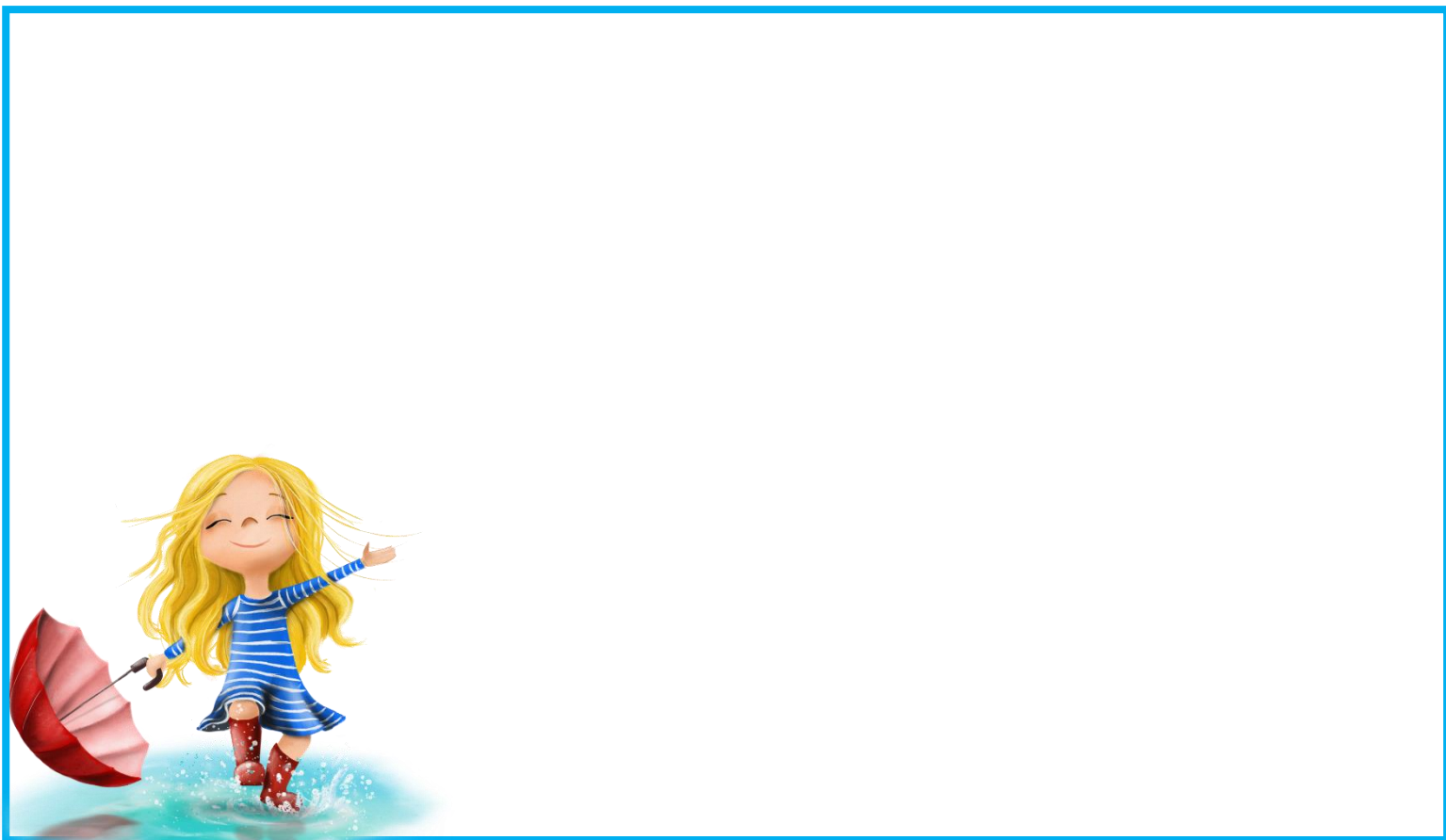
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Name:

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I am  
beautiful!

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