

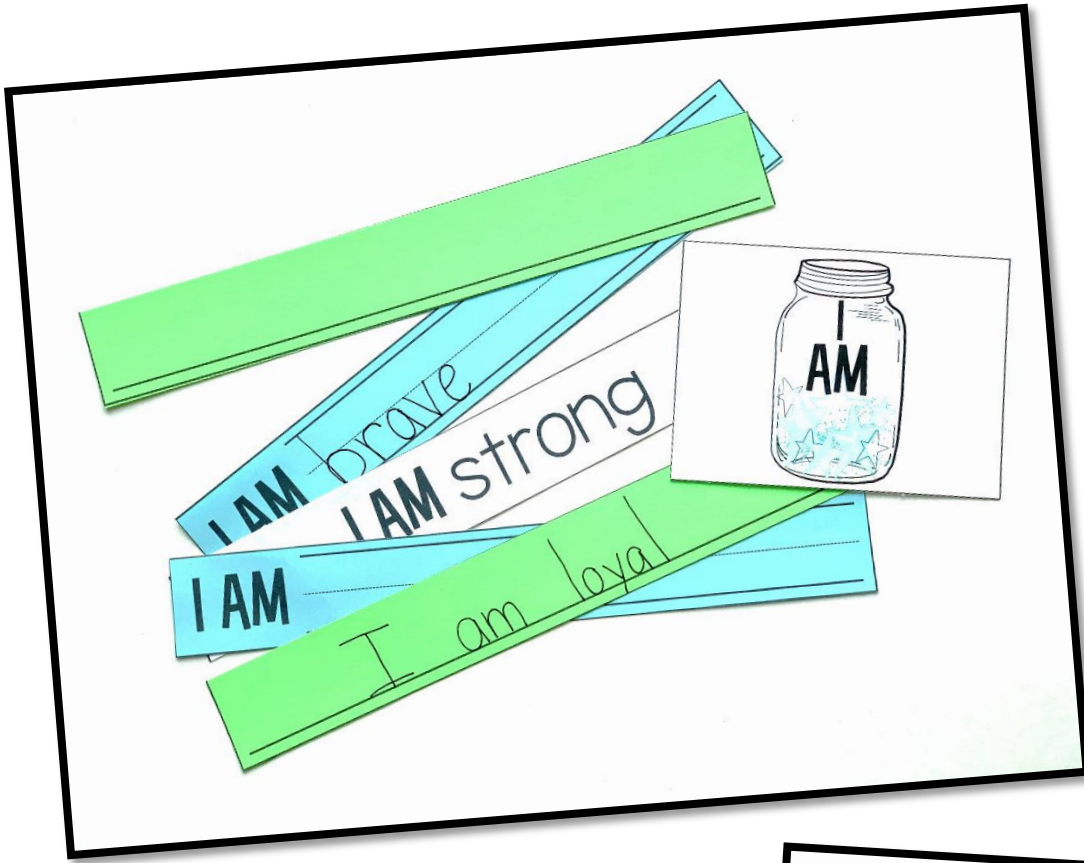
THE MAGIC

of me

Star Jar Activity



The Magic of Me Star Jar



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The Magic of Me Star Jar

Purpose of Activity

Use this activity as an opportunity to discuss affirmations in your classroom and how you can use them daily. Use them as talking points in morning meeting, circle time or to start group conversations!

Students can use the sentence strips as a way to boost their confidence or someone else's confidence if they see someone displaying that affirmation in the classroom.

If teachers see that their student is having a hard moment, they can guide them in writing some confidence building affirmations for that student when a student needs a pick me up.

Some other ideas include:

1. Have a Star jar/container for each student in the classroom and have students keep personal affirmations close by
2. Have a classroom affirmation jar/container for the whole class to use and write down when they see one another displaying an affirmation.
3. Have a grade level affirmation jar/container to build community throughout the entire grade level.

Materials Needed

Teacher

- White or Astro Bright Paper (teacher preference)
- Container(s) to store affirmation sentence strips
 - Scissors

Student

- Pencils/pens
- Scissors

How to Assemble

Before using this activity, the teacher will need to decide on what container or jar to store the affirmation sentence strips in.

Teachers will decide whether the sentence strips will be printed out on white paper or colored paper and print out the appropriate sentence strips for their students.



Blank handwriting practice line with a solid top line, a dashed middle line, and a solid bottom line.

Blank handwriting practice line with a solid top line, a dashed middle line, and a solid bottom line.

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